

**Healing Beyond Borders**  
**HTI Healing Touch Certificate Program**  
**Energetic Patterning & Clinical Applications**

Carmel Valley, CA  
April 6 - 7, 2024

Name: \_\_\_\_\_

Credentials: \_\_\_\_\_

CA RN License # \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Preferred Phone # \_\_\_\_\_

Email: \_\_\_\_\_

Standard Tuition..... \$350

Early Bird Tuition... paid in full by 3/7/24.... \$325

HBB or AHNA member (provide #) ..... \$325

Repeat/Full Time Student with ID ..... \$233

Required Text \$40 (used for entire course of study)

**Foundations and Practice of Healing Touch**

Deposit.....\$100. (NA on EB discount)

Enjoy the benefits of HBB membership w/ a special 1-time new membership rate. Join online or with check made out to HBB for \$62.00, then receive a \$25 member class discount (see above).

Amount enclosed: \$ \_\_\_\_\_

**Refund Policy:** If Instructor cancels class, student will be given a full refund of tuition. If student cancels, refund is provided at discretion of the Instructor.

**Message Table:**  **Yes I can bring a message table.**

**Three ways to register and send payment:**

**1. Register Online @**

<https://www.sierrahealingtouch.com>. Go to "register for classes," fill out registration form and pay.

**2. Pay tuition through Venmo app to: @ Elizabeth-Helms-8.** Email application form to

[Elizabeth@SierraHealingTouch.com](mailto:Elizabeth@SierraHealingTouch.com)

**3.USPS:** Send registration form and check payable to Elizabeth Helms to: Elizabeth Helms

Address: P.O. Box 3559, Arnold, CA 95223

**Location:** Carmel Valley, CA.

Directions to be included in your welcome letter.

**Schedule: Please arrive 15 minutes early on Saturday to complete registration.**

**Saturday: 4/6/24 • 9:00 a.m. 6:00 p.m.**

**Sunday 4/7/24 • 9:00 a.m. 6:00 p.m.**

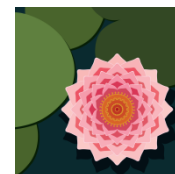
**Special Note:**

Class size is limited so **please register early. REGISTRATION CLOSES ON Wednesday, MARCH 27<sup>TH</sup>. EARLY BIRD Discount ends on MARCH 7<sup>th</sup>.**

**For more information or to discuss a partial scholarship, please contact the class coordinator Margot Baker at 650-279-7500 or [MargotBaker@Gmail.com](mailto:MargotBaker@Gmail.com)**

**Instructor Bio and Disclosure:** Elizabeth Helms, RN, BSN, MATP, CHTP/I has been studying and practicing the healing arts for over 30 years. She is a Certified Healing Touch Practitioner and Instructor, is certified in multiple physical and energetic therapies, as well as Certified as a Tai Chi for Health Instructor. Elizabeth worked as a Healing Touch Provider for Cancer Supportive Services at the Integrative Medicine Clinic at Stanford University Medical Center. She was the co-founder and Associate Director of the Healing Partners Program through Women's Health at Stanford, a community service program that provided Healing Touch to women with the diagnosis of breast cancer. This volunteer program is now part of Cancer Support Services at Stanford and is open to all patients with the diagnosis of cancer. Elizabeth currently lives in the Sierra Nevada where she continues her work and teaching through her business, Sierra Healing Touch.

**Disclosure:** Elizabeth Helms is an Instructor of the Healing Beyond Borders HTI Healing Touch Certificate Program and has the right to use the intellectual property of the Healing Beyond Borders HTI Healing Touch Certificate Program Course of Study.



**Healing Beyond Borders**  
Educating and Certifying the Healing Touch®

Presents

## HTI Healing Touch Certificate Program

*Nurturing Energy Therapy for Health Care Professionals and Persons Committed to Healing*

## Course 2 Energetic Patterning and Clinical Applications

Carmel Valley, CA  
(Monterey Peninsula)  
April 6 – 7, 2024



**This program has been peer-reviewed and is endorsed by AHNA**

Healing Beyond Borders  
7112 W Jefferson Av., Suite 301  
Lakewood, CO 80235  
[Education@HealingBeyondBorders.org](mailto:Education@HealingBeyondBorders.org)  
[www.HealingBeyondBorders.org](http://www.HealingBeyondBorders.org)

Healing Beyond Borders is the professional, non-profit education, credentialing and membership organization for Healing Touch, Established in 1996.



## Healing Touch Is...

### Course Description

The skill of completing an intake interview that identifies patterns of behaviors for which HT techniques may be useful in assisting a patient to re-pattern their energy field is acquired. Healing Touch techniques learned in the Foundation course are integrated into applications that assist in re-patterning spinal health. The appreciation of HT progresses to a deeper level with the acquisition of a technique to assist the patient in expanding their heart energy.

**Prerequisite:** completion of the previous course

- Foundations of Healing Touch

### Desired Learner Outcomes

The learner will be able to:

1. Demonstrate the ability to remain grounded, present, and heart-centered while working in the energy field.
2. Conduct an intake interview with plans toward intervention.
3. Recognize that one's previous experiences may have an impact on one's physical, emotional, mental and spiritual health.
4. Assess the status of the chakras and biofield.
5. Document the process of re-patterning and balancing a patient's biofield.
6. Apply techniques that support the health and comfort of the back.
7. Describe how the HBB Code of Ethics, Standards of Practice and Scope of Practice relate to their developing as a Healing Touch Practitioner.

### Course Content

- Creating and supporting a healing environment
- Assessment skills and energetic patterning
- Clinical applications of energetic interventions
- Energetic Interventions: Chakra Connection, Glymphatic System Support, Hopi Technique, Spinal Flush, and Spiral Meditation
- Documentation of clinical findings
- Professional ethics and legal considerations of a developing healer

### Course Information

Requirement for class completion and CE credit:

- Attendance of entire course with supervision
- Practice with Instructor feedback
- Completion of Evaluation

### Continuing Education Contact Hours

This nursing continuing professional development activity was approved by the American Holistic Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Approval #1766

AHNA: 17.5 contact hours

CA Board of Registered Nursing: 17.5 contact hours

*"The provider of this educational event has designed the program so that it may be considered by participants for use as continuing education to enhance the professional knowledge and pastoral competency of chaplains certified through the Board of Chaplaincy Certification Inc.® an affiliate of the Association of Professional Chaplains®."*

### Advance Class Preparation:

In preparation for class, review and practice Course 1 Techniques. Also, please download the Course Syllabus for this course to review the companion and supplemental reading suggested for this class. Below is the link to the Syllabus: [HealingBeyondBorders.com](http://HealingBeyondBorders.com)

## Healing Beyond Borders

### HTI Healing Touch Certificate Program

- ✓ In-depth solid core course of study for 5 courses from beginner to advanced healer including Evolution of the Healer, Holistic and Energetic Foundations, Evidence Based and Best Practice modules
- ✓ Enhances skills and knowledge through lecture, recommended readings and practice sessions
- ✓ Strong commitment to personal growth and knowledge of holistic health principles
- ✓ HTI Healing Touch Certificate Program Certificate of Completion upon satisfactory completion of the full course of study
- ✓ Leads to eligibility to apply for certification as a Certified Healing Touch Practitioner through Healing Beyond Borders
- ✓ Instructor Training and Advancement available after certification. Prerequisites apply
- ✓ Endorsed by the American Holistic Nurses Assoc.

### Healing Beyond Borders

#### Healing Touch Certification – CHTP

Platinum Worldwide Standard Credential useful in:

- Establishing a Healing Touch practice
- Incorporating Healing Touch as a major focus within an existing professional practice

### Continuing Education Contact Hours

**Non-Endorsement Statement:** Approval for contact hours through AHNA is based on an assessment of the educational merit of this program and does not constitute endorsement of the use of any specific modality in the care of clients.

Provider approved by the California Board of Registered Nursing, Provider Number CEP15275.



Healing Beyond Borders is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education Approved Provider #450748-08